



Parents, Team, Friends:

Enroll your student-athlete in Rockland County's First and **ONLY** youth wrestling program. At Farrison Wrestling Academy we emphasize **DISCIPLINE, SPORTSMANSHIP, TEAMWORK, HONESTY, INTEGRITY, and COMMITMENT TO EXCELLENCE**. Coach Farrison blends his 9 years of Division 1 College Strength and Conditioning, with over 25 years of wrestling experience, making the program a cutting edge, scientific based approach to training wrestlers. Please Contact Coach Farrison today as spots are being filled at a very high rate.

Khyl Farrison

Rockland County Hall of Fame Wrestler Inductee

Section 1 Hall of Fame Wrestler Inductee

2nd, 3rd, 5th Place in NYS Championships

3x Section 1 Champion

2x Section 1 Most Outstanding Wrestler Award recipient

3x Rockland County Champion

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